



**HARRISON**  
EST.1994



# EAT GOOD LIVE HAPPY

Harrison Catering Services is an independent, family-owned business with a simple approach: we prepare fresh food every day from fresh ingredients. This means that all your child's delicious meals are prepared daily by our trained cooks.

We're delighted to work in partnership with the London Borough of Ealing, and serving your children great food! If you have any comments, please get in touch.

020 8280 0311 or [ealing@harrisoncatering.co.uk](mailto:ealing@harrisoncatering.co.uk)

For all enquiries regarding free meal entitlement, please contact your child's school or telephone 020 8825 5566 or email:

[pupilssupport@ealing.gov.uk](mailto:pupilssupport@ealing.gov.uk)



Find out more at [harrisoncatering.co.uk/harrison-schools/our-services](http://harrisoncatering.co.uk/harrison-schools/our-services)



Our menus meet school food standards and offer a wide range of dishes tailored to the individual needs of each school.

We use high-quality, sustainably-sourced, seasonal food. Our menus feature organic ingredients, British free-range eggs, Red Tractor-certified cheddar cheese, pole and line caught tuna, and fresh, British-sourced meat and poultry. We also now offer reduced sugar content in our desserts.



We are proud to have been awarded the Soil Association's Silver Food for Life Served Here Award, which means our methods have been independently audited and proven to be of exceptional quality.



# WEEKLY MENU

Please note Dishes may vary due to local choice at your school

(v) = vegetarian

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1 w/c</b> 24 <sup>th</sup> February 16 <sup>th</sup> March 20 <sup>th</sup> April 11 <sup>th</sup> May 8 <sup>th</sup> June 29 <sup>th</sup> June 20 <sup>th</sup> July	Tomato and Basil Pasta (v)  Jacket Potato with Cheese and Baked Beans (v)  Peach Oaty Crumble with Custard	Chicken and Sweetcorn Pie with New Potatoes  Butternut Squash and Spinach Curry with Coriander Rice and Naan Bread (v)  Red Velvet Cake	<b>American Style Food Bar</b> Beef Burger in a Bun with Potato Wedges  Bean Burger in a Bun with Potato Wedges (v)  Selection of Homemade Dressings  Ice Cream Sundae	Roast of the Day with Roast Potatoes and Gravy  Penne Pasta with Neapolitan Sauce (v)  Harrison Bear Biscuit	Breaded Fish Fingers with Chips and Homemade Tomato Ketchup  Tomato and Basil Pasta with Garlic and Herb Breadsticks (v)  Strawberry Mousse with Fruit Wedges
<b>Week 2 w/c</b> 2 <sup>nd</sup> March 23 <sup>rd</sup> March 27 <sup>th</sup> April 18 <sup>th</sup> May 15 <sup>th</sup> June 6 <sup>th</sup> July	Chicken Jollof Style Rice  Macaroni Cheese (v)  Strawberry Ice Cream with Fruit Wedges	Jerk Style Chicken with Rice  Singapore Style Noodles (v)  Pineapple and Coconut Sponge with Custard	Chicken Sausages with Mashed Potato and Gravy  Pasta Neapolitan (v)  Orange Jelly with Apple Wedges	Roast Lemon and Thyme Chicken with Roast Potatoes  Cheese and Carrot Pinwheel with Roast Potatoes (v)  Chocolate Sponge with Chocolate Sauce	Breaded Fish Fingers with Chips and Homemade Tomato Ketchup  Cheese and Tomato Pizza with Chips (v)  Yoghurt Bar: Natural Yoghurt with Assorted Fruit Toppings
<b>Week 3 w/c</b> 9 <sup>th</sup> March 30 <sup>th</sup> March 4 <sup>th</sup> May 1 <sup>st</sup> June 22 <sup>nd</sup> June 13 <sup>th</sup> July	Chicken Pasta Bake  Pasta Italiane (v)  Lemon and Lime Cake with Custard	Chicken Sausages with Mashed Potato  Chinese Style Stir Fry Vegetables with Noodles (v)  Apple and Sultana Flapjack	<b>Pasta Bar</b> Penne, Fusilli or Wholemeal Pasta with a choice of sauce: Lamb Bolognaise Arrabiata (v) Pesto Sauce (v) Garlic and Herb Sticks  Raspberry Ripple Ice Cream with Fruit Puree	Roast of the Day with Roast Potatoes and Gravy  Jacket Potato with Tuna  Jacket Potato with Baked Beans and Cheese(v)  Banana Muffin with Fruit Wedges	Breaded Fish with Chips and Homemade Tomato Ketchup  Mixed Bean Enchilada with Chips (v)  Strawberry Jelly with Fruit

AVAILABLE DAILY

We also serve a choice of salads, selection of vegetables, freshly baked bread, fresh fruit platters, fruit yoghurt and water.