



Headteacher: Ms K. Coll

Deputy Headteacher: Mrs J Etheridge

Date: Friday 13<sup>th</sup> March 2026

[www.visitation.ealing.sch.uk](http://www.visitation.ealing.sch.uk)

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### A Prayer for Mothers

Lord, on this Mothering Sunday, we dedicate all mothers to you. Father, thank you for the grace to raise children, we know that though it is rewarding — it is not easy. Lord God thank you for always being beside mothers, giving them guidance from your Holy Spirit and demonstrating your great love for them. We pray that today all mothers will feel valued, appreciated and loved. In Jesus' name. Amen.

### LITURGICAL CELEBRATIONS



### SPRING TERM

Tuesday 17<sup>th</sup> March – St Patrick's Day

Friday 20<sup>th</sup> March –  
Reconciliation Service for pupils  
in year 4-6 (In school)

Thursday 26<sup>th</sup> March – Holy  
Week Liturgies (Infants 9.30am  
and Juniors 10am)

All Masses will be at 9.30am in  
the Church

### School Sunday Mass

**Sunday 10<sup>th</sup> May at 12pm**

**Sunday 14<sup>th</sup> June at 12pm**

**Sunday 12<sup>th</sup> July at 12pm**

**Please join the Parish after  
Mass for coffee**

**Thank you** to everyone who was able to support the school on Sunday by attending the open day and talking to prospective parents. It was a fabulous day. The day was a trip down memory lane for those past pupils and parents of past pupils. It was also a good opportunity to showcase, for our parishioners and prospective parents, all that is special about our school. A huge thank you to the staff who gave up their Sunday to support the day.

Those who visited the school were very impressed with the environment, how neat and tidy and well cared for it is, as well as the outside area that we continue to develop. Several visitors commented on the Catholic faith development that was evident around the school. One visitor talked about the 'love' that she could feel, emanating from everywhere she went and everyone she met.

If you know anyone who has school age children looking for a school that offers high standards and expectations, excellent pastoral care and values linked with a Catholic Education, please recommend us.

**Thank you** also for your generosity. Approximately £1,800 was raised to support the young adults from Cardinal Wiseman High School who will be going to Lourdes, helping disabled young people.



**HAPPY MOTHER'S DAY:** To all those mothers, grandmothers, aunts and female carers. I wish you a lovely day with your families.

### **E-Safety Tip:**

We have a comprehensive online safety curriculum that is taught through Computing and PSHE. Every year group is taught about how to play online games safely and how they should only play with children they know. There have been many reports in the media about how children are groomed online. However, we still have children telling us that they play online games with 'friends' who do not go to school with them and that they have never met. **Please re-inforce the message at home that someone you meet online is NOT a friend.**



## SAFER INTERNET DAY

On Tuesday 10th February, we celebrated Safer Internet Day with the theme “Smart tech, safe choices - Exploring the safe and responsible use of AI.”

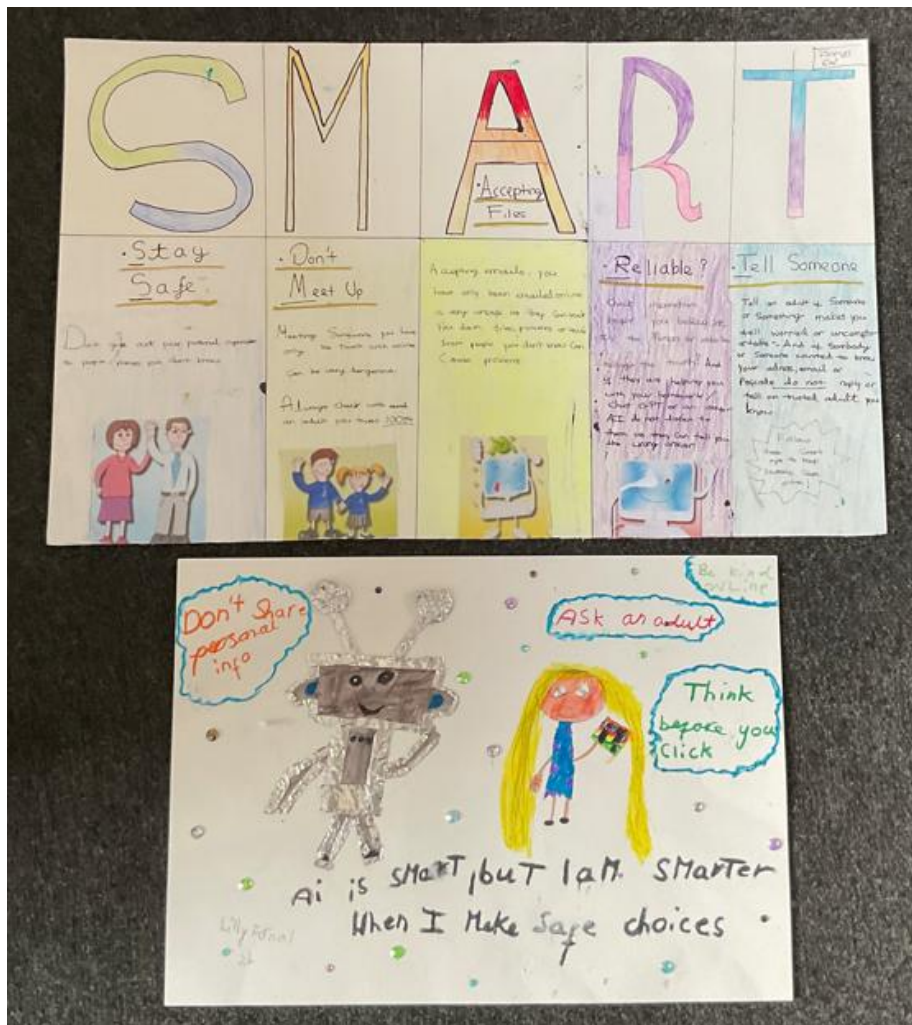
Thank you to all of our Digital Leaders who delivered such an informative assembly for the school.

It was fantastic to see how many of our children across the school understand how to keep themselves safe online. We were also very impressed to see our EYFS children confidently sharing their ideas about how they can stay safe when using technology.

A huge well done to all the children who participated, and thank you to parents and carers for supporting your child in taking part in the Safer Internet Day Poster Competition.

It was wonderful to see how creative the children at OLOV are. Everyone did an amazing job, which made choosing a winner extremely difficult!

Because of this, we decided to select two winners — one from KS1 and one from KS2. A huge congratulations to Lilly F (2B) and Borys (6W)!



**On Thursday, 5th March 2026, we blasted off for an "Out of This World" World Book Day celebration.**

It was a fun filled day dedicated to the joy of reading, proving that a great book can take you to the furthest reaches of the galaxy! The atmosphere was intergalactic as the children and staff dressed up as intrepid astronauts, shimmering aliens, cosmic heroes and other imaginative characters from inspiring books.



Starting the day with ERIC (Everyone Reads in Class) time, where we all —staff included — dropped everything to get lost in a book.

We then celebrated as a whole school by reading with our year group swap buddies before a colourful assembly.



The "Teacher Line-Up" on stage brought the house down, with staff showcasing their incredible costumes.



Many of us attempted a "Guinness World Record" Challenge. Laughter filled the classrooms as we attempted to set our own records! Pupils tested their poise and focus in a challenge to see how many times they could sit and stand while balancing a book on their heads in 30 seconds!! The world record is 36. It was a lot of fun.



We have entered the Design a National Book Token competition where our young artists channelled their creativity into the official competition, dreaming up "out of this world" designs for a chance to see their work used across the country and win some fantastic prizes too. Fingers crossed!



Classrooms also became alien laboratories as students made up their own aliens in partner shared drawing activities. During quiet moments, we relaxed with immersive audiobooks, transported into new stories through sound and imagination. We also beamed in experts via live digital workshops, connecting our classrooms with authors and illustrators from across the UK.

As a Catholic community, we were reminded that just as books open doors to new worlds, our shared stories bring us closer together.

"The soul grows by learning." — *St. Augustine*



Thank you to everyone who got involved this year- happy reading!

Mrs Bratchell

**"The more that you read, the more things you will know. The more that you learn, the more places you'll go." — *Dr. Seuss***

## SCHOOL SPORTS ROUND UP

**YEAR 4 GIRLS FOOTBALL:** Year 4 Girls had a fantastic day at Goals in Wembley! The festival was a brilliant opportunity to hone their football skills, take on other schools, and experience the buzz of competing. Dribbling, passing, shooting — they did it all!

Our girls threw themselves into every match with energy, enthusiasm, and brilliant teamwork. As well as competing, they picked up new skills and techniques along the way, growing as players with every game they played.

What an incredible experience for all involved — Well done to every one of our Year 4 girls!



**YEAR 5 GIRLS NETBALL COMPETITION:** Year 5 pupils recently took part in a Netball Competition hosted by St. Augustine, and what a journey it turned out to be! Netball is a fast-paced team game requiring sharp passing, clever movement, and brilliant communication — and our Year 5 pupils showed all of that and more!

The team started the competition facing some tough early losses, but rather than letting it knock their confidence, they showed incredible determination and perseverance, regrouping and raising their game with every match. It was fantastic to see them grow stronger as the competition went on, stringing together a brilliant run of wins that showed just what they are truly capable of.

And what a finish! We are absolutely delighted to announce that our Year 5 Netball team returned home as gold medal winners of the shield. What an outstanding achievement — you made us all so proud. Well done to every single one of our players, we are very proud!



**YEAR 6 NFL FLAG COMPETITION:** Year 6 pupils were introduced to something a little different during their PE lessons recently — NFL Flag Football! Flag football is an exciting, non-contact version of American Football, where instead of tackling, players pull a flag from their opponent's belt to stop a play. It's fast, fun, and a fantastic way to develop agility, teamwork, and coordination!

Having honed their skills in PE, our Year 6 pupils then got the fantastic opportunity to put everything they had learned into practice at a real competition. It was brilliant to see them take the techniques they had worked so hard on in school and apply them with confidence out on the field.

A truly rewarding experience from start to finish — from their very first lesson to competing against other schools. Well done Year 6!



♻️ RECYCLE YOUR BATTERIES HERE ♻️

The Eco Team have arranged for a battery recycling drive at school. The box is in the front office. Please **ONLY** bring batteries labelled on the box.

♻️ Thank you ♻️



# We are fundraising for a School in Jamaica

Following the devastating hurricane Melissa.  
The school is still recovering, we want to help!

Our theme is

## COLOURS OF JAMAICA!

**CHANGE OF DATE**

Friday  
**13<sup>th</sup>**  
MARCH

Parents are invited to view the Jamaican  
Art created by their children!

Art Viewing and Selling at 2:00 PM

Jamaican Food Sold from 2:45 - 3:30 PM

Purchase the artwork & enjoy delicious  
— Jamaican food in the hall! —



All money raised will go to Sandy Bank Primary School

# ACHIEVEMENTS

**ATTENDANCE:** Please see the table below for class attendance this week.

Congratulations to 5B for 99.6% attendance this week.

<b>NURSERY</b>	<b>90.9%</b>
<b>BUMBLEBEES</b>	<b>78.3%</b>
<b>BUTTERFLIES</b>	<b>91.8%</b>
<b>1K</b>	<b>94.7%</b>
<b>1S</b>	<b>87.9%</b>
<b>2B</b>	<b>96.3%</b>
<b>2J</b>	<b>97.4%</b>
<b>3G</b>	<b>95.8%</b>
<b>3Y</b>	<b>91.2%</b>
<b>4C</b>	<b>98.5%</b>
<b>4F</b>	<b>98.2%</b>
<b>5B</b>	<b>99.6%</b>
<b>5W</b>	<b>95.6%</b>
<b>6P</b>	<b>97%</b>
<b>6W</b>	<b>95.9%</b>
<b>Whole School</b>	<b>94.3%</b>

**PRAISE CERTIFICATES:** Each week children are awarded a Praise Certificate for a range of reasons; excellent work, making a greater effort, consistent and sustained improvement, displaying the Gospel Values of friendship, supporting and helping others, to name but a few. Congratulations to the following children who received the Praise Certificate this week.

**Gio and Aidusha – Bumblebees**

**Nancy and Fayn – Butterflies**

**Alicja and Quinn – 1K**

**Zuzanna and Daisy – 1S**

**Koa and Maria – 2B**

**Iga and Anaé – 2J**

**Lauren and Aleksy – 3G**

**Nadia and Amelia P – 3Y**

**Sophie and Oskar – 4C**

**Jonatan and Eliza – 4F**

**George and Khamari – 5B**

**Ethel and Sienna – 5W**

**Mikolaj and Milena – 6P**

**Miriam and Kaya – 6W**

**OPAL Play Champion**

**Micah – 4F**

**CITIZENSHIP AWARD:** Our citizenship award is awarded weekly to pupils who display good citizenship and Gospel Values; for example, Kindness, Inclusion, Tolerance, Respect and following school rules.

This half term, we will be focusing on the theme **COMMUNITY** and **PARTICIPATION**.

As humans, we are made to live in **community** with one another. This means being **active members** of the world we live in. We are meant to look out for each other and build each other up. This is how God wants us to live.

Pope Francis said ‘Do we open ourselves to the Holy Spirit, so as to be an active part of our communities, or do we close in on ourselves, saying ‘I have so many things to do, that’s not my job?’

**Hubert – 1K**

**Jacob – 1S**

**Amaya – 2B**

**Miss Harrison – 2J**

**Rihanna – 3G**

**John – 3Y**

**Stanley – 4C**

**Mateo – 4F**

**Oliver – 5B**

**Nehemia – 5W**

**Jardine – 6P**

**Pearl – 6W**

# Strengthening Families, Strengthening Communities

*Empowering Parents. Building Stronger Families.  
Creating Safer Communities.*

Are you a parent or carer who wants to build stronger, more positive relationships with your children? Join our **SFSC Parenting Programme** — a nationally recognised, evidence-based course that helps you understand your child's behaviour, manage challenges calmly, and build confidence as a parent.



## Who Can Join

Parents and carers of children aged 0–18 years, especially those wanting to improve family relationships or facing challenges at home or school.

## What You'll Gain

- Learn positive parenting strategies (according to UK Law)
- Strengthen family communication and connection
- Build emotional resilience and confidence
- Manage stress and behaviour calmly
- Explore cultural values and family identity
- Connect with other parents in a supportive group



**REGISTER  
NOW!**



## Join Our Coffee Morning

Come along for an informal chat to learn more about the SFSC Programme, meet the facilitators, and ask any questions before enrolling!

## Programme Structure

**Duration:** 13 weeks (3-hour weekly sessions)

**Start Date:**-----

**Time:** -----

**Venue:** -----

## Why Join Us

- Culturally sensitive and inclusive approach
- Safe and supportive space for all parents
- Delivered by experienced facilitators
- Certificate upon completion





## ABOUT US

ParentingU is a specialist organisation set up to increase awareness of best parenting practices and knowledge of the root causes of domestic violence. To promote and foster positive relationships within all communities; particularly Muslims, South Asian and BME communities.

A team of dedicated professionals trained to empower families in understanding their children's development and develop appropriate parenting strategies for parenting children. We empower users of our service by providing a non-judgemental, confidential and friendly atmosphere; increasing their knowledge of and access to programmes that promote emotional and physical well-being, and aid in the improvement of relationships and communication between parent and child.



### OUR VISION

Communities will be built on justice and transformed through faith, hope and love.

### OUR MISSION

To ensure that members of all communities, irrespective of their customs and religious background, are informed about child protection legislation and laws, positive parenting practices and the effects of domestic violence on children in the UK.

### OUR VALUES

- Respect for the dignity of the individual
- Integrity in the delivery of our services
- Equity and justice for those we support

## CONTACT US



[admin@parentingu.co.uk](mailto:admin@parentingu.co.uk)



07359 449255



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London, UB6 0BS

## STRENGTHENING AND EMPOWERING FAMILIES FOR A HEALTHY DEVELOPMENT

We support families to strengthening relationships because every family matters.

[www.parentingu.co.uk](http://www.parentingu.co.uk)

## OUR SERVICES

We provide a wide range of support to families whose children are subject to a Child in Need, Child Protection Plan and PLO. Additional services are also available for families on Interim Care Order, Supervision Order. We can offer our services face to face and online. We work in line with Local Authority Policy and Procedures. Furthermore, we have bespoke tailored programmes, these include:

- Parenting skills workshops or support within homes
- Domestic violence-abuse workshops group or individual
- Family and individual coaching
- Parent-child building relationship or Family therapy
- Counselling, Advocacy and Mediation



If we can't offer the support you need, we will try to put you in touch with other organisations that can.

Our service is confidential, and we will not disclose information to any party without your permission, unless we consider that a child or adult is at risk of harm.

Being a parent is one of the most challenging, rewarding and important role anyone can have. All children deserve to be supported, so they can grow up happy and healthy. ParentingU can support families before problems get too big. There are a range of things that the ParentingU Service can do to help children's emotional well-being and social skills.



If we can support you, we will begin by talking with you about what is happening at the moment in your family; what you would like to change and the help you would like to receive. We will work together with you to create an action plan using the most appropriate assessment tool.

Every 6-8 weeks, we will review how things are improving for you and your family and to see if you still need support from the ParentingU.

## ASKING FOR SUPPORT

You can ask for support (also known as making a referral) by contacting us or, with your consent, some agencies, or professionals may make a referral to the ParentingU on your behalf.

Once a referral has been received, we will make a decision on whether we are able to give you the support you need and whether we have the staff time available to support you.

## WHY CHOOSE US

We are the only specialist service in the UK that supports families from diverse communities in their home language. Our staff are very professional, trained, experienced and bring in a wealth of knowledge and can deliver programmes in different languages upon request. They are empathetic, supportive and understand the cultural barriers of diverse communities.