



Headteacher: Ms K. Coll

Deputy Headteacher: Mrs J. Etheridge

Date: 16th January 2026

www.visitation.ealing.sch.uk

Tel: 020 8575 5344

We Pray



Lord Jesus Christ,
you have taught us to be **merciful**
like the
Heavenly Father,
and have told us that
whoever sees you sees Him.

Show us your face and we
will be saved.

We ask this of you,
Lord Jesus, through the
intercession of
Mary, Mother of **Mercy**;
you who live and reign with
the Father and the
Holy Spirit
for ever and ever.

Amen.

LITURGICAL CELEBRATIONS



St Vincent Pallotti Mass

Thursday 22nd January (12.30pm)
Yr 5 & 6 only)

Candlemas Mass

Monday 2nd February 9.30am

St Patrick's Day Mass

Tuesday 17th March 9.30am

Infant Holy Week Liturgy

Thursday 26th March 9.30am

Junior Holy Week Liturgy

Thursday 26th March 10.00am

Dear Parents/Carers,

Christmas seems like a long time ago so it feels a bit late to be thanking you for your gifts and blessings at Christmas but it is important that you know how grateful we are for your ongoing kindness and messages of appreciation.

The weather in January has been very changeable – cold and sunny one day, wet and raining the next. Increasingly we will be out in all weathers, especially when we have introduced OPAL. It was a bit drizzly yesterday but the children were very happily playing outside. They need to be outside for their mental health and well-being.

It has been a busy start to the term, not least of all with the Headteacher Interviews in the first week. I am delighted that Mrs Etheridge has been appointed. She will be a fantastic successor who will ensure our values as well as the standard of education will be continued and enhanced.

Well done Mrs Etheridge. It was a rigorous and exhausting process.

NON-UNIFORM DAY: A reminder that we are having a non-uniform day next Monday 19th January. We are raising money for guide dogs for the blind. Families are asked to bring in £1 per family.

Diary Dates

Friday 23rd January

Class Photos

Friday 30th January

FoTV Bingo Night 7.00pm – adult only event

Tuesday 3rd February

Choir Performing at Young Voices

Thursday 12th February

Parents Evening – school closes at 2.00pm

Monday 16th - Friday 20th February

Half Term

Thursday 5th March

World Book Day

Thursday 26th March

Last Day of Term for Afternoon Nursery

Friday 27th March

Last Day of Term for Easter (*School finishes at 1.30pm*)

Monday 13th April

First day of Summer Term
(All children are expected to be back at school on this day)



Many families joined us in the **Three Kings Procession** from Ealing Broadway to Ealing Abbey on Sunday 11th January. We followed the Red King, from Africa, who brought Myrrh to the baby Jesus. It was a cold but dry day.

This was an amazing opportunity to join our wider community to profess our faith.



E-Safety Tip

There is a lot of coverage in the Media about children's access to the internet and social media and the damaging effects of these. Increasingly we see children with very little attention span who are struggling to manage in the classroom because their brains have become used to the fast moving and repetitive games they play online. We can see a definite correlation between access to the internet and attention in class.

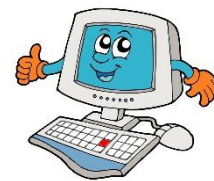
If your child has a phone/iPad and is playing on it for more than 30 minutes to an hour a day, depending on their age, they are beginning to form bad habits. An hour will not be enough and soon you will see this increase to two or three hours.

Take the opportunity now to break this habit before it is too late. Have days with no access. Play board games with your child instead. If you have more than one child teach them how to play together. You and your child will benefit in the long run.

Children are also accessing games like 'Grand Theft Auto' and 'Squid Games' through 'YouTube'. Many of our children, some as young as four, are being exposed to inappropriate material on 'YouTube'.

If you allow your children to access 'YouTube' please make sure you have set up parental controls to prevent this material from getting through. This material is disturbing and is negatively affecting children's mental health.

If you are unsure how to set up parental controls we can help.



NATURE NINJA'S WILDLIFE AREA

On Monday 12th January, our super family volunteers (x2) came in for the afternoon to help Mrs Rice and Rachel Warren (Sustainability Manager) with some jobs in the Wildlife Area. Mr Pierscionek helped by completing the build and roofing our tiny tool shed. Filip was allowed out of class to see what his Daddy was doing for us.



Darragh is a big brother to a child in reception, he worked so hard filling buckets, bins and wheelbarrows with wood chips and shifting them to the top end of the Wildlife Area. He did so much in one afternoon that we now have a usable path most of the way along phase one of the areas.



WE NEED YOUR HELP: Thank you to those who came into help. However, there is a lot more to do to make this a useable space for the children. If you can spare just an hour on a Monday afternoon please come to the school office between 1pm and 3pm and we will tell you what we need. This will include cutting back brambles and weeding, as well as moving wood chip from one area of the playground to another.

SUSTAINABILITY UPDATE: AUTUMN TERM (Rachel Warren and Mrs Rice)

Key focuses for Spring Term continue to be: Food (plant eating and food waste); Active travel (children and staff); Energy use.

Food: Food waste numbers have declined a little, but not as much as we hoped. We are going to repeat the survey for those wasting food and also do some audits of what food is being wasted. The hope is that we will get a better understanding of where we need to make adjustments (e.g. portion sizes) or if there are specific foods the children don't like. **If parents have any comments about particular foods their children complain about, please let the school know.**

Active Travel: We hope to secure some money to fund a badge maker and kit so that we can reward children who actively travel to school (walk, bike or scooter). Look out for the children's campaign which will be launched after the February half term when there is a little more daylight and hopefully less soggy or cold weather.

Nature Ninja's: Work has continued in this space. We have continued to clear down the growing areas from last summer, marked up new, larger spaces and these are now allocated to each year group.

We have managed to secure an additional 4 tonnes of woodchip which we are beginning to move with the help of adults and children.

We have planted over 90m of native hedge whips from the Woodland Trust which will grow and make a safe barrier to the rewilded space and ensure children do not come off the paths. The pond is looking amazing and we are continuing to see a lot more wildlife species in that space.

We will be installing an outdoor classroom during the Spring term. We are also waiting for Ealing Council to deliver and plant an additional 10 trees in the area which will help provide shade for the children, protection for the grass and habitats and food for wildlife. We have specifically asked for a selection of fruit trees to enable us to grow a fruit forest that the children can find healthy organic snacks in!

Eco Club Thoughts: So, what's the issue with 'food waste'? Prepare to be shocked - a third of food produced globally is wasted! That's a lot of energy, water and raw materials used to produce food that goes straight in the bin! Food waste, if thrown into the 'normal' rubbish bin will end up in landfill sites where it's broken down by methane-producing bacteria – and methane has about 30 times the warming potential of carbon dioxide over 100 years which is really bad for climate change! And guess what ... 40% of UK food waste currently finds its way into landfill!!! Avoiding landfill, food waste can be turned into compost, farm bio-fertiliser or even used to create electricity! Ealing Council do send all food waste that they collect in the food waste bins to become energy.

- You can also, like us, have a check on what foods are ending up in your food waste. And have a think about whether these are avoidable. Could some of it be frozen to stop it going mouldy e.g. bread? Could some of it be avoided being purchased - let's be honest, salad leaves, do we ever finish the bag? And would we be better buying a lettuce which lasts longer?
- Can some of it be used to make things – like banana bread from over ripe bananas or fruit that's on the edge of going over, use it to make a fruit compote which is delicious for breakfast on Greek yoghurt or can be mixed into a no churn ice cream to add a flavour.

ACHIEVEMENTS

ATTENDANCE: Please see the table below for class attendance this week.

Congratulations to 2J and 3G for 99.7% attendance this week.

NURSERY	90.9%
BUMBLEBEES	95.7%
BUTTERFLIES	93.5%
1K	96.3%
1S	98.7%
2B	91.7%
2J	99.7%
3G	99.7%
3Y	92.4%
4C	98.6%
4F	98.7%
5B	95.2%
5W	97.6%
6P	96.9%
6W	99.3%
Whole School	96.4%

PRAISE CERTIFICATES: Each week children are awarded a Praise Certificate for a range of reasons; excellent work, making a greater effort, consistent and sustained improvement, displaying the Gospel Values of friendship, supporting and helping others, to name but a few. Congratulations to the following children who received the Praise Certificate this week.

Saoirse and Oliwer – Bumblebees

Leon and Amelia – Butterflies

Hubert and Marcel – 1K

Kaja and Henryk – 1S

Alex E and Tymon – 2B

Peter and Anna Maria – 2J

The Whole Class! – 3G

Zofia and Rachel – 3Y

Ada and Tinos – 4C

Eoin and Rensa – 4F

Laura and Aine – 5B

Theo and Saraiya – 5W

Yorkabel and Ola – 6P

Amelia and Julia – 6W

CITIZENSHIP AWARD: Our citizenship award is awarded weekly to pupils who display good citizenship and Gospel Values; for example, Kindness, Inclusion, Tolerance, Respect and following school rules.

This half term we are focusing on SOLIDARITY AND PEACE. God calls us to be peacemakers in the world – to stand in solidarity with those in need.

Solidarity is not just feeling sorry for those who suffer. It is a commitment to action. Wherever we are. Whatever our age. Whatever our circumstances. We are all responsible for one another.

Marcel – 1K

Zofia – 1S

Lilly – 2B

Mrs John-Lewis – 2J

Kaylan – 3G

Nadia – 3Y

Oskar – 4C

Aiden – 4F

Max – 5B

Fabian – 5W

Arvin – 6P

Gaby – 6W

Come along and try your luck



BINGO *Night*

**Friday 30th January, 7:00pm
Visitation School Hall**

Bar with Gin, Prosecco and more

Lots of cash prizes to be won!

**£100 JACKPOT PRIZE FOR FINAL HOUSE
WINNER!**

£10 entry buys you a 5 game bingo book

<https://fotv.sumupstore.com/>