



Headteacher: Miss K. Coll

Deputy Headteacher: Mrs J. Etheridge

Date: Friday 5th September 2025

www.visitation.ealing.sch.uk

Tel: 020 8575 5344

Prayer for the start of the school year

Almighty God,
At the start of another school year we come together to commit ourselves to our school community; to our learning and playing; and to each other. Help us to bring forward all we have learnt last year to make the most of our time in this year's class.

Give us the strength and purpose, Lord, to be a good neighbour and a good Samaritan when others around us need our help.

We ask this through Jesus Christ, our Lord.

Amen

LITURGICAL CELEBRATIONS



Friday 12th September – Welcome Mass 9.30am

Wednesday 1st October Rosary – Yr 6 in Church 9.30am (pupils only)

Tuesday 7th October Rosary – Yr 5 in Church 9.30am (pupils only)

Tuesday 14th October Rosary – Yr 4 in Church 9.30am (pupils only)

Tuesday 21st October Rosary – Yr 3 in Church 9.30am (pupils only)

Wednesday 22nd October – Harvest Liturgy 9.30am Infants 10am Juniors

WELCOME BACK: We hope you all had a lovely summer holiday with friends and family. We were blessed with very fine weather, some may say it was too hot! It has been wonderful, as always, to see you and the children return safe and rested. It takes us all a little while to re-establish our routines but the children have been very happy to see their friends again and get to know their new class teacher.

We welcome to our school community, Mr Brailey – year 5 teacher, Mrs Farkas, year 4 teacher, and Miss Sivanandan – year 1 teacher.

We offer our congratulations to Mrs Rossi on the birth of her baby girl and to Mr Cooke who got married in the summer holidays.

On behalf of myself and the staff I would like to thank you for all your warm wishes and gifts at the end of the school year.

I have now finished my executive head role and have returned to Our Lady of the Visitation full time. I look forward to working with you all over the coming year.

I would like to extend a word of thanks to Mr Kazimirowicz and his team who have deep cleaned the school, ready for another school year. It is sparkling!

Diary Dates

Friday 10th October – Staff Training Day – **school closed**

Thursday 23rd October – **Parental Consultations – school closes at 2.00pm**

Monday 27th October to Friday 31st October - **Half Term**

Thursday 18th December – Last day of the school term for Afternoon Nursery

Friday 19th December – **Last day of the school term – School finishes at 1.30pm**

Spring Term

Monday 5th January 2026 - **Pupils return to school after the holidays**

Please find attached a full list of diary dates for the Autumn Term, these are also available on the school website.

PARENT INFORMATION MEETINGS: This year we will, once again, be inviting parents from each year group into school for a meeting where parents will have the opportunity to meet their child's new class teacher and teachers will have the opportunity to talk through some key pieces of information about the year ahead.

The Headteacher meeting will be held on Wednesday 10th September at 8.45am (**followed by the coffee morning**) and again at 6pm for working parents. During these meetings I will be discussing expectations.

The meet the teacher meetings will be at 9am on the following days.

Year 6 – Tuesday 16th September

Year 5 – Wednesday 17th September

Year 4 – Thursday 18th September

Year 3 – Friday 19th September

Year 2 – Tuesday 23rd September

Year 1 – Wednesday 24th September

Please come along to find out what your child will be learning this year.

SCHOOL UNIFORM – PE KITS:

- Trainers are only allowed on PE days and must be black.
- Plain round neck navy T-Shirt.
- Plain navy blue shorts (no leggings)
- Navy track suit top and bottoms.

We have a lovely PE kit with the logo. However, if these are too expensive you may wear a kit without a logo but it **MUST** be plain navy blue.

PE kits must be worn to school on PE days. Your child will be informed of the day.

SCHOOL UNIFORM: Pupils in year 1 – year 6 must be **wearing their winter uniform**. This is;

- A plain white shirt (**buy these a bit bigger so they are not tight and uncomfortable around the neck**)
- School tie
- School V neck jumper. (The school track suit top must **not** be worn with a shirt and tie)
- Grey trousers for boys
- Blue trousers, skirts or pinafores for the girls.
- **Plain GREY socks** for boys
- **BLUE tights or plain WHITE socks** without frills or bows for girls.
- All shoes must be black. **Boots are not allowed.**



Please **NAME EVERYTHING**, as countless jumpers, and other items, cannot be returned to their owners unless we know who to give them to. If you purchase pre-loved uniform, PLEASE take the old name/label out and rename for your child!

Thank you for your co-operation with this matter. If you are unclear about what your child should be wearing please speak to a member of staff in the school office.

SAINT CARLO ACUTIS



On Wednesday our assembly featured the life of Carlo Acutis, a British-born Italian student celebrated for his devotion to the Eucharist and his use of digital media to promote Catholic devotion. He was well known for his enthusiastic witness to faith, calling the Eucharist his “Highway to Heaven.”

Carlo Acutis was just an ordinary teenager who loved football and computers. He was never shy about speaking about his faith. He used his talent for technology to reach thousands of people as he shared Jesus message in the Gospel.

Carlo was born in London and raised in Milan, he created a website documenting Eucharistic miracles and Marian apparitions.

Carlo was diagnosed with leukemia and died in 1996 when he was just fifteen. On the day of his funeral the streets of Milan were filled with people wanting to show their respects. Many of these were street people whom Carlo had fed and clothed.

Carlo was very clear about his mission in life.

“To always be close to Jesus – that’s my life plan.”

Carlo will be Canonised a saint, by Pope Leo XVI, this Sunday 7th September.

We talked about how we can be more like Carlo in the way we treat others.

Carlo shows that we can all become saints.

School Term and Holiday Dates for the Academic Year 2025 / 2026

Autumn Term 2025

Wednesday 3rd September – Friday 19th December 2025

Friday 10th October Staff Training (Students not in school)

Half Term: Monday 27th – Friday 31st October 2025



Christmas Holidays 2025

Monday 22nd December 2025 – Friday 2nd January 2026 (Inclusive)

Spring Term 2026

Monday 5th January – Friday 27th March 2026

Half Term: Monday 16th – Friday 20th February 2026



Easter Holidays 2026

Monday 30th March - Friday 10th April 2026 (Inclusive)

Summer Term 2026

Monday 13th April – Friday 17th July 2026

May Day Bank Holiday: Monday 4th May 2026

Half Term: Monday 25th May – Friday 29th May 2026

Monday 1st June 2026: Staff Training Day (Students not in school)

Last Day of term: Friday 17th July

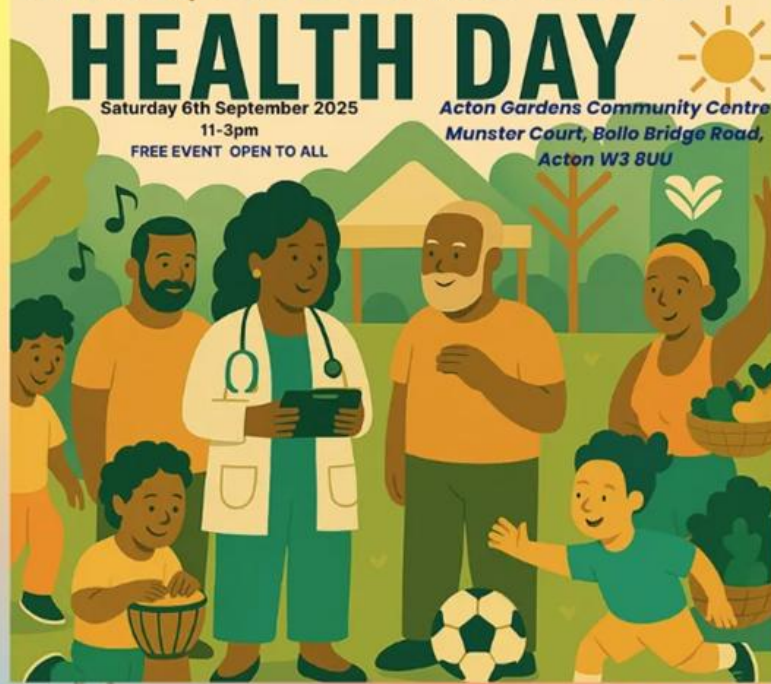
School closes at 1.30pm on the last day of every term.

DESCENDANTS MIND, BODY AND SOUL HEALTH DAY

Saturday 6th September 2025
11-3pm

FREE EVENT OPEN TO ALL

Acton Gardens Community Centre
Munster Court, Bollo Bridge Road,
Acton W3 8UU



CELEBRATE OUR ROOTS, NOURISH OUR
WELBEING, HONOUR OUR LEGACY

Mindfulness, Yoga sessions, Mental Health Support,
Health information, Family Fitness, Health checks &
Wellness stalls, Dance classes, Music, Crafting,
Drumming, Healthy Eating, Food, Juicing,
Hair Education

www.descendants.org.uk

www.descendants.org.uk
Charity No: 1109057



NHS

West London
NHS Trust



Back to school:

Going back to school can be a difficult time. Maybe your child is worried about having a new teacher, feeling motivated or homework. It's good to remember that these feelings are common.

Helpful Tips:

- Get organised - use planners, diaries and apps to keep track of things
- Set goals - make sure they're small and manageable
- Look after them and yourself: take time to do the things you enjoy!

Top Tip!

Did you know that when you feel anxious, scared, or overwhelmed, your body starts to act like it's getting ready to fight or run away—even if there's no real danger?

But here's something amazing: breathing slowly and deeply is like a secret superpower! Next time your child is feeling anxious, try to help them breathe in through their nose, and out through their mouth whilst tracing your hand.



5 Finger Breathing



NHS

West London
NHS Trust

Upcoming Workshops

September 2025

- Supporting positive behaviour: 18th 10:30am - 11:30am
- Introduction to Autism in adolescents: 26th 12:00pm - 1:30pm

October 2025

- Supporting anxiety in adolescents (Part 1): 1st 12:00 - 1:30pm
- Introduction to OCD: 03rd 11:00am - 12:30pm
- Understanding behaviour for children with additional needs: 10th 12:00pm - 1:30pm
- Supporting appropriate use in technology (children): 16th 12:00pm - 1:30pm
- Social Media & self-esteem: 22nd 10:15am - 11:30am

November 2025

- Supporting anxiety in adolescents (Part 2): 12th 12:00 - 1:30pm
- Introduction to autism: 18th 12:00pm - 1:30pm
- Supporting friendship in children: 25th November 12:00pm - 1:00pm

December 2025

- Teen low mood & Sleep: 1st 12:00pm - 1:00pm
- Adolescent exam stress: 8th 12:00pm - 1:00pm

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

<https://forms.gle/498J15G2WXZ4q71hg>



Promoting hope & wellbeing together



FAMILY FUN DAY


Join us for a fun event for children and young people with Additional needs and their families. The day is proudly run in partnership by Ealing Mencap, Contact, EPCF, Anchor Foundation, and YVHSC.

- ✓ Free food
- ✓ Children's entertainment
- ✓ Fun Activities provided



FREE ENTRY

 Saturday 13th September

 Two sessions
12pm-2pm & 2pm-4pm

 Enterprise Lodge, Stockdove Way
Greenford
UB6 8TJ

Scan to book!



**OR CLICK HERE TO
FILL OUT THE FORM**





The Circle

Family Drop In - The Circle

Looking for a safe space to discuss support for you and your family?



Back to School Drop In!

Thurs 11th Sept

Pop by any time [9:30-12:30]



46 South Ealing Road, W5 4QA

What we offer

- Mental health support for you & your child
- Children cared for by professionals: sensory room, toys & games
- Free tea, coffee & snacks
- Help accessing other support services

Find out More



07736043328
outreach@hfehmind.org.uk

 Hammersmith, Fulham, Ealing and Hounslow

Event Announcement

Booking Essential

🚒 You're Invited to the Ealing Emergency Response Roadshow! 🚒

📅 **Saturday 13th September 2025** | 🕒 **12pm–4pm** | 📍
Acton Fire Station, W3 8EA

Join us for a high-energy, hands-on community event showcasing the incredible work of our emergency services! From live rescue demos to interactive gear displays, meet the teams that keep us safe—Fire Brigade, London Ambulance Service, Metropolitan Police, Military, and more!

Explore emergency vehicles, highway maintenance gear, and Ealing Council's resilience tools.

Learn how to prepare for local risks and emergencies in a fun, engaging way.

🎤 **Special Guest: Ealing Mayor Anthony Kelly**

🍔 **Free Burgers on Us!**

For your **free ticket** please visit the below link or scan the QR code
<https://www.eventbrite.co.uk/e/free-event-emergency-response-road-show-tickets-1494461347119?aff=oddtcreator>



Limited tickets!

Warm regards
Shaan Motaleb
Deputy Head of Emergency Management
First Aid Officer
London Borough of Ealing
Emergency Management Services





School Meals Supervisory Assistant Required As soon as possible

Grade 2

6 hours and 15 minutes per week / 11.30 am to 12.45 pm
One Year Fixed Term Contract

The Governors at Our Lady of the Visitation Catholic Primary School are looking to recruit a School Meals Supervisory Assistant to start as soon as possible to support our full-time Nursery children over the lunchtime period. If you have good communication skills are able to engage with children and can promote good behaviour then we would like to hear from you.

We require an individual who has prior experience and is able to support young children to form good eating and self-care skills.

Closing Date: Thursday 18th September 2025 – 12 noon

Interviews Wednesday 24th September 2025

Start Date: As soon as possible after references have been checked

Our Lady of the Visitation Catholic Primary School is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. The successful candidate must be willing to undergo child protection screening appropriate to the post, including checks with past employers and an enhanced DBS (CRB) check prior to appointment.

To apply: Please drop into the school office or contact Emma Pink (School Administrator) on 020 8575 5344 or email admin@olovrc.com for application packs.