OUR LADY OF THE VISITATION CATHOLIC SCHOOL

'We Learn, Love and Grow through Christ'

Core Purpose – Mission Statement

Headteacher: Miss K. Coll Deputy Headteacher: Mrs J Etheridge

**MARCH 2024** 

CPRIMARY

POT OF THE VIS

www.visitation.ealing.sch.uk.

Tel: 020 8575 5344

#### Prayer for the Easter Season

God our Father, amidst the vastness of space you treasure mankind and you call each of us by name.

You so love our world that, in the fullness of time, you sent Jesus your Son, to live among us.

Inspire us each day to live in wonder and appreciation of all that is around us, and may your love, seen fully in Jesus, your Son, surround us this day and forever.

Amen.

#### LITURGICAL CELEBRATIONS



#### SUMMER TERM

Tuesday 23rd April – St George's Day Wednesday 1<sup>st</sup> May – Marian Service Thursday 9<sup>th</sup> May – The Ascension Friday 24<sup>th</sup> May – Our Lady of the Visitation Friday 7<sup>th</sup> June – Sacred Heart Monday 24<sup>th</sup> June – Birthday of John the Baptist Tuesday 16<sup>th</sup> July – Leavers Mass 2pm All Masses will be at 9.30am in the Church

School Sunday Mass Sunday 12<sup>th</sup> May Sunday 9<sup>th</sup> June at 12pm Sunday 14<sup>th</sup> July at 12pm

*Please join the Parish after Mass for tea/coffee* 



HAPPY EASTER: I would like to take this opportunity to wish you all a very Blessed Easter Break. I hope you have time to rest, spend time together and be able to reflect on the gifts that Jesus has bestowed upon us. Family and friends are very precious. Let us show them how much they are valued.

Have fun and eat lots of Easter Eggs. **Don't forget to go to Mass.** There is a full list of services in this newsletter.

Thank you to all the parents and families for their support this term. Our children are going from strength to strength.



**HOLY WEEK LITURGIES:** Well done to the children and staff who prepared the liturgies this week. This was a very solemn occasion when we reflect on the sacrifice that Jesus made because he loves us so much.



FAMILY STATIONS OF THE CROSS: Please join us on *Good Friday, 29<sup>th</sup> March at 9.50am* in Our Lady of the Visitation Church as we pray the 'Stations of the Cross' together and bear 'witness' to God's unending love for us. A love so great that he sent his only son, Jesus, to save us.

This is a service in collaboration with Parishes in Greenford and Edward Betham School.

Everyone in our Community is welcome and encouraged to join us as we walk the stations of the Cross from Our Lady of the Visitation Church to Holy Cross Church.

As we will be representing our school children who attend are asked to wear their school uniform.

Thank you to the children who have volunteered to read. I look forward to seeing you all on Friday.



**GIVING OUT CHOCOLATE AND SWEETS:** The school has a well-advertised policy regarding the distribution of sweets and chocolate. Parents are not allowed to give out sweets, chocolates or cakes. There are two very important reasons for this policy.

1. Parents/carers requested that we stopped giving out sweets, chocolates or cakes as their children were coming home twice a week with treats which were affecting health, teeth and in some cases behaviour.

2 We have a growing number of children with severe allergies. Giving out chocolate and cakes is a significant risk to the life of those children with anaphylaxis.

When you choose to distribute chocolate in the playground against school policy you are putting the children and school at risk.

### PLEASE DO NOT GIVE ANYTHING TO A CHILD WITHOUT SEEKING PERMISSION OF THE PARENT AND NOT ON SCHOOL GROUNDS.

**SUMMER UNIFORM:** The children should return to school wearing their summer uniform. This is a polo shirt instead of a shirt and tie. Children in EYFS have the option to wear blue school shorts or grey tailored shorts. However, they may continue to wear the track suit bottoms if it is still cold.

**EASTER BLESSING OF FOOD:** Food will be blessed on **Holy Saturday 30<sup>th</sup> March** every half hour between 10am and 11.30am in Our Lady of the Visitation Church. Bring your baskets of food to be blessed for Easter!



**CROWDING AT THE SCHOOL GATE:** It appears that we have reverted back to pre-covid behaviours of crowding at the school gate. This is a health and safety risk. When you arrive at school to drop off your children or pick them up please do not push towards the main gate. Keep a step back. You will all get in eventually.

We have also observed on the CCTV that some parents/carers ignore the people who are lining up, walk straight past them and push to the front. Please DO NOT do this. It causes irritation and distress to those who are trying to do the correct thing.

#### **Diary Dates**

We look forward to welcoming the children back to school on Monday 15<sup>th</sup> April.

Please see the attached list of diary dates for the Summer Term.



COFFEE MORNINGS: Will be held in the school hall from 8.45am on: Friday 17<sup>th</sup> May Friday 9<sup>th</sup> June

## FUNDAY SUNDAY

We are planning for this year's event to take place on **Sunday 7**<sup>th</sup> **July.** We will need volunteers to help with preparations and running a range of stalls and activities. Watch out for more information in the coming weeks/months.

If you would like to help in organising Funday Sunday please get in contact with the FOTV by emailing friendsofthevisitation@hotmail.co.uk

### World Book Week 2024

Once again, we had an enchanting week immersed in the celebration of reading throughout our school. Children and staff eagerly participated in an array of activities, ranging from lively story exchanges during the teacher reading swap to engaging quizzes and competitions, developing our oracy and sharing our favourite book characters on World Book Day. Did you guess the teachers correctly from our extreme reading pictures?

Our World Book Day was also enriched by the presence of Rainer Wiseman, a local author, who graciously shared his latest work, "Allergic to Football," with our Key Stage 2 children. His engaging presentation provided unique insights into the creative process behind writing and inspired our young readers to explore diverse genres. We extend our thanks to Mr. Wiseman for his captivating contribution to our celebration of reading.

Thank you for all the photos sent in for the Extreme Reading competition. Our winners this year were Angelika 3G, Annabelle 3R, Nancy 3R, Kamil 4C, Stanislaw 1B, Valentina FS2J and Zane FS2J.

Congratulations to everyone involved for making this event a resounding success!

#### Mrs Giordmaina







### Year 1 Trip to Greenford Quay

We were very lucky that the sun peeped out from behind the clouds as we excitedly rode on the 92 bus to Greenford Quay.

We walked along the canal looking at the factories and the canal boats that link with our big question in History `How transport changed Greenford? `

After walking along the canal path we crossed the bridge into the new Greenford Quay development. It was a beautiful spring morning along the canal.

We spent some time looking at the photograph gallery of local people before crossing another bridge that led to a play park that we were all able to explore.

On the bus home we spotted Greenford Station, William Perkin School, shops, other buses and lots of houses.







### Year 5 Trip to the Tower of London

Year 5 have been delving into the captivating tale of "My Friend Walter" by Michael Morpurgo, and their recent trip to the Tower of London brought the story to life. They were introduced to the legendary figure of Sir Walter Raleigh and learned about his role in British history. Meeting the Beefeaters and watching the guards were a highlight of the trip. The children were in awe as they marvelled at the Crown Jewels and took in the stunning views of the Thames. The experience was both educational and enjoyable, allowing the children to immerse themselves in the rich culture and history of London.



### Year 6 Workshop on Evolution

On 19<sup>th</sup> March, a palaeontologist called Dr Helen came and delivered a workshop about the evolution of life on Earth.

Kacper – I learned how life millions of years ago was and how animals looked at that time and how they evolved. I also found out that every animal has the same two cells at the start of their DNA.

Victor – I learned that when an animal dies, the soft body parts rot and the bones turn to fossils. I also found out that 97% of our DNA is the same as a chimpanzee. When I heard this I was shocked because I had never heard about this.





### Online Safety: Talk about it:

Tips for a meaningful conversation

- Start conversations when your children won't be embarrassed, for example in the car going home from school
- Ask them for advice on how to do something online and use this as a conversation starter
- Make sure they know they can come to you if they're upset by something they've seen online
- Be sensitive and praise them when they share their online experiences with you
- If your child comes to you with an issue, stay calm and listen without judging them
- Talk about online grooming as you would stranger danger and explain that people they meet online might not be who they say they are

## **ACHIEVEMENTS**

<b>ATTENDANCE:</b> Please see the table below for class attendance this week.		<b>PRAISE CERTIFICATES:</b> Each week children are awarded a Praise Certificate for a range of reasons: excellent work	<b>CITIZENSHIP AWARD:</b> Our citizenship award is awarded weekly to pupils who dianaw good citizenship and Council
Congratulations to 5D for 98.8% attendance this week.		for a range of reasons; excellent work, making a greater effort, consistent and sustained improvement, displaying the	display good citizenship and Gospel Values; for example, Kindness, Inclusion, Tolerance, Respect and following school
NURSERY	94.7%	Gospel Values of friendship, supporting and helping others, to name but a few.	rules.
BUTTERFLIES	95.8%	Congratulations to the following children who received the Praise Certificate this	This half term, we will be focusing on thethemeCOMMUNITYand
BUMBLEBEES	93.7%	week.	PARTICIPATION.
1B	89.6%	Manua and Audious Dutterfling	As humans, we are made to live in <b>community</b> with one another. This
1K	96.9%	Maya and Audrey – Butterflies Amelia and Natalia – Bumblebees Milani and Stas – 1B Nadia and Mary Grace – 1K Jo and Damian – 2P Giulia and Patrick – 2W	<ul> <li>means being active members of the world we live in. We are meant to look out for each other and build each other up. This is how God wants us to live.</li> <li>Pope Francis said 'Do we open ourselves to the Holy Spirit, so as to be an active part of our communities, or do we close in on ourselves, saying 'I have so many things to do, that's not my job?'</li> </ul>
2P	96%		
2W	92%		
3 <i>G</i>	95.6%		
3R	87.6%		
40	96.6%		
		Max and Sienna – 3G	Rachel – 1B
4 <b>y</b>	95.1%	Chimdi and Evie – 3R	Maja – 1K
5D	98.8%	Harry and Mia – 4C	Kaiya — 2P
59	95%	Xavier, Mollie and Kezia – 4Y The Whole Class! – 5D The Whole Class! – 5Y	Oskar – 2W
65	96%		Nehemia – 3G
6W	88.5%		Mrs Badra – 3R
Whole School	94.2%		Ola – 4C
		Saba and Alex – 6S	Milena – 4Y
		Krisban and Lena – 6W	Andy – 5D
			Zyon – 5Y
			Abby – 6S
			-
			Oliver L – 6W

### Easter Services in Our Lady of the Visitation Church

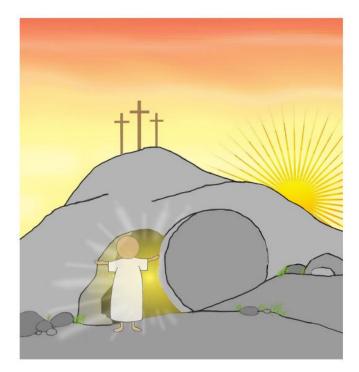


Thursday 28<sup>th</sup> March: 7.30pm – Mass of the last Supper

Friday 29<sup>th</sup> March: 10.00am – Walk of Witness (Children to come in their school Uniform) 12.00pm and 3.00pm - Passion of the Lord 7.30pm Stations of the Cross

Saturday 30<sup>th</sup> March: 10am – 11.30 am – Holy Saturday Blessing of Easter Food 7.30pm – Easter Vigil

Sunday 31<sup>st</sup> March: Easter Sunday 8.00am, 10.00am, 12pm noon and 2.00pm





# ONLINE PARENTING WORKSHOPS IN APRIL & MAY 2024

TUESDAY

16

**APRIL** 

**Separation & Divorce** 

When a family breaks up, it is hard for everyone, but this is a reality many children face. In this workshop, we look at practical steps parents/carers can take to ease the impact of their separation on their children, and help them feel safe and secure amid their parents' break up

TUESDAY

# 30

**APRIL** 

### Child on Parent Aggression - Building Confidence in Children

In this workshop we will explore potential causes and contributors to your child's aggression. You will gain more understanding of the link between your child's behaviour, feelings  $\delta$  needs. You will learn about strategies to help manage behaviour now and in the future.

**Talking Teens SEN - Managing emotions and** 

### sensory needs

**TUESDAY** 

MAY

Learn tools to support your teen to understand and manage their emotions, to help them to feel calm and in control. Get tips on how to direct their behaviour and deal with outbursts when they happen and have a chance to have your questions answered.

This workshop is for parents and carers of secondary schoolaged children with neurodevelopmental disorders ASD or ADHD (no formal diagnosis is needed)



email parentingserviceadmin@ealing.gov.uk to register your place

# FREE online parenting workshop

### PARENTING TOGETHER WORKSHOP SERIES

### Tuesday 16th Apr 2024 10am-12pm via MS Teams HELPING CHILDREN COPE WITH SEPARATION & DIVORCE

When a family breaks up, it is hard for everyone, but this is a reality many children face. They need to be supported to understand that their parents need to move on from being a couple to being partners in parenting

How parents handle this process and deal with any conflict has a significant impact on how their children cope with their separation

Children need the love and support of both parents as they adjust to change

In this workshop, we will look at practical steps parents can take to ease the impact of their separation on their children, and help them feel safe and secure amid their parents' break up.



Delivered by Chris Kolade Ealing Parenting Service

email parentingserviceadmin@ealing.gov.uk to register or for more info





EALING PARENTING SERVICE

# FREE online parenting workshop

# Child on Parent Aggression -Building Confidence in Children

### **Delivered by Family Lives**

Explore potential causes and contributors to your child's aggression

Gain more understanding of the link between your child's behaviour, feelings & needs

Develop strategies to manage behaviour now and in the future

Signpost to sources of support and additional resources

Tuesday 30th April 2024 10am-12pm via MS Teams







family family





## online parenting workshop

**Delivered by Barbara Borghetto**– Ealing Parenting Service

## MANAGING EMOTIONS AND SENSORY NEEDS

### VIA MS TEAMS

Learn tools to support your teen to understand and manage their emotions, to help them to feel calm and in control

Get tips on how to direct their behaviour and deal with outbursts when they happen

A chance to have your questions answered

This workshop is targeted for parents and carers of secondary school-aged children with neurodevelopmental disorders ASD or ADHD (no formal diagnosis is needed)

> TUESDAY 7TH MAY 2024 IOAM- I2PM

email parentingserviceadmin@ealing.gov.uk to register your place







# FREE online parenting workshop

# PARENT RELATIONSHIPS AND IT'S IMPACT ON PARENTING



In this workshop we will look at what makes and breaks relationships and the impacts of these relationships on parenting your child/children.

For all parents/carers

Tuesday, 14th May 2024 10am-12pm via MS Teams

Delivered by Chris Kolade

- Ealing Parenting Service

email parentingserviceadmin@ealing.gov.uk to register your place





