Tennis

Let's Go! Tennis previously known as Matchpro Tennis

We believe that with tennis, like all sports, it should be fun first. Our coaches are taught how to make the lessons fun whilst gradually introducing the technical aspects of the game to the children when they are ready. Our experience has taught us that too much technical instruction too early bores the children, hence the emphasis on the enjoyment value first. Each week, at the same time, a coach visits the school to teach the basic skills of the game. All equipment, rackets, balls and portable nets are provided. The children need only to wear the appropriate clothing.

- Tuesdays Years 3 4 5 & 6, 3.30pm 4.30pm £5.75 per session
- Wednesdays Years 1 & 2, 3.30pm 4.15pm £4.75 per session

To register go to http://www.clubspark.lta.org.uk/letsgotennis/coaching and follow the instructions on how to book

Any queries contact Lisa on 0203 291 2984 or email <u>lisaletsgotennis@gmail.com</u>









Football Club

Wednesdays 3.40pm – 4.40pm for Years 4, 5 & 6 (10 weeks £60.00) Thursdays 3.40pm – 4.40pm for Years 1, 2 & 3 (10 weeks £60.00)

Basketball Club Fridays 3.40pm – 4.40pm for Years 3, 4, 5 & 6 (10 weeks £60.00)

Gymnastics Club
Tuesdays 3.40pm – 4.40pm for Years 4, 5 & 6 (10 weeks £60.00)

As an organisation, we aim to promote a healthy lifestyle and inclusion within our local community through numerous programmes, sessions and campaigns.

With regards to our after school clubs, the Trust aims to encourage pupil, teacher and school development through a variety of fun multi-sport based activities designed to help improve confidence, skills, teamwork, social skills and a healthy lifestyle.

To register please sign up direct with Brentford Football Club via the following link https://brentfordfccst.bookinglive.com/book/add/pg/12 link will go live on Tuesday 26th March 5pm

TEAM UP: GIRLS NETBALL, HOCKEY and CRICKET

Lessons to be taken by Mrs Frain Bell on Thursday after school (3.30 pm - 4.30 pm) on the Astroturf. Open to Girls in Y5 and Y6. **(NO COST FOR THIS CLUB)**

We are offering a girls only programme called "Team up".

Team Up will focus on three different ball games: In the Autumn Term we will play Hi5 Netball, In the Spring Term we will play KwikSticks Hockey In the Summer term we will play Kwik Cricket.

The playing equipment will be provided by school.

Players will learn the skills and rules of each sport and get the opportunity to play matches. This is an exciting new development and I look forward to seeing you there.

To sign up please email admin@olovrc.com

Animation Club

Year 3, 4, 5 and 6

Fridays 3.30pm to 5.00pm

Cost will be £7 per lesson (£70 for the term)

We have a maximum number of 25 pupils and places will be offered on a first come first serve basis.

Further information and booking can be found at:

www.thelondonlensproject.com/bookings

Telephone: 07843 932254