



Dear Parent/Carer

As you will be aware, safeguarding is at the forefront of everything we do at Our Lady of the Visitation Catholic Primary. This year, our school is thrilled to be taking part in the important initiative *Ealing Council Health Improvement Team x The Vavengers END FGM Project*. This project will build on the outstanding safeguarding work we already do and will ensure that pupils, staff, parents and governors have increased understanding of how to keep children safe.

As you know we are running a series of 4 parent workshops from next Wednesday, 2pm-3.30pm and these workshops will focus on a different aspect of safeguarding, each being integral to keeping our children safe.

Prevention is the best way to tackle Female Genital Mutilation (FGM/C) and other forms of Violence Against Women and Girls (VAWG). FGM/C hugely increases a woman or girl's vulnerability to VAWG, so understanding this abuse can help us to confront other issues such as human trafficking, modern slavery, emotional abuse, sexual abuse and discrimination. Delivering this project to Carers and Parents of our primary school children, ensures that everybody is equipped with the knowledge to help protect children from abuse.

At the start of the first workshop, parents and carers will be handed a booklet to refer to, to make notes and keep a record of the information that is delivered. There will also be various service numbers for parents and carers to refer to if necessary.

Below is an overview:

Wednesday 17th January	Wednesday 24th January	Wednesday 31st January	Wednesday 7th February	Tuesday 27th & Wednesday 28th February
2pm-3.30pm	2pm-3.30pm	2pm-3.30pm	2pm-3.30pm	All Day
What is safeguarding? PSHE & Curriculum	Internet safety & boundaries	FGM/C workshop (same as staff training)	Lessons that will be taught to your children	School FGM Lessons for Yr3-6



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Once the parent workshops are complete, we will deliver tailored safeguarding lessons to KS2 pupils. These safeguarding lessons will be taught as part of the PSHE (Personal, Social, Health and Economic Education)

Privates are private
Always remember your body belongs to you
No means no
Talk about secrets that upset you
Speak up, someone can help

curriculum. We will reinforce the PANTS acrostic with all pupils and at Key Stage Two in addition to 'My Body, My Rules' we will be introducing FGM/C lessons.

We will teach our pupils the following important safety skills without using explicit information or telling scary stories. The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- "Appropriate" and "inappropriate" touching
- A child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body
- Who your child can turn to if they ever feel upset or worried
- NSPCC's PANTS Underwear Rule:

During the parent workshops, we invite you to ask any questions that you may have about the pupil's lessons. If you have any questions beforehand, please contact Ms Coll or Mrs Etheridge.

If you have not yet registered your attendance for the workshops, please use the following link:

<https://forms.gle/Cr5gL5HVmgNHH2HB8>

Thank you for your continued cooperation and support. We are really excited to implement this project into our school timetable, preventing abuse, educating our community and preparing our children for the future.



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