

Tennis

Let's Go! Tennis previously known as Matchpro Tennis

We believe that with tennis, like all sports, it should be fun first. Our coaches are taught how to make the lessons fun whilst gradually introducing the technical aspects of the game to the children when they are ready. Our experience has taught us that too much technical instruction too early bores the children, hence the emphasis on the enjoyment value first. Each week, at the same time, a coach visits the school to teach the basic skills of the game. All equipment, rackets, balls and portable nets are provided. The children need only to wear the appropriate clothing. Lessons will last 45 minutes and cost £5 (inc. VAT).

- **Tuesdays – Years 3 4 5 & 6, 3.30pm – 4.30pm**
- **Wednesdays – Years 1 & 2, 3.15pm – 4.00pm**

To register go to <http://www.clubspark.lta.org.uk/matchprotennis/coaching> and follow the instructions on how to book

Any queries contact Lisa on 07920 101907 or email lisamatchprotennis@aol.co.uk



BRENTFORD FC
COMMUNITY SPORTS TRUST



CommunityMark
developed by Business in the Community



Football Club

Wednesdays 3.40pm – 4.40pm for Years 4, 5 & 6 (10 weeks £50.00)

Thursdays 3.40pm – 4.40pm for Years 1, 2 & 3 (9 weeks £45.00)

Basketball Club

Fridays 3.40pm – 4.40pm for Years 3, 4, 5 & 6 (10 weeks £50.00)

As an organisation, we aim to promote a healthy lifestyle and inclusion within our local community through numerous programmes, sessions and campaigns.

With regards to our after school clubs, the Trust aims to encourage pupil, teacher and school development through a variety of fun multi-sport based activities designed to help improve confidence, skills, teamwork, social skills and a healthy lifestyle.

**To register please sign up and make payment via Parent Pay
£50.00 per term**

TEAM UP : GIRLS NETBALL, HOCKEY and CRICKET

Lessons to be taken by Mrs Frain Bell on Thursday after school (3.30pm – 4.30pm) on the Astroturf.
Open to Girls in Y5 and Y6. **(NO COST FOR THIS CLUB)**

We are offering a girls only programme called “Team up”.

Team Up will focus on three different ball games:

In the Autumn Term we will play Hi5 Netball,

In the Spring Term we will play KwikSticks Hockey

In the Summer term we will play Kwik Cricket.

The playing equipment will be provided by school.

Players will learn the skills and rules of each sport and get the opportunity to play matches.

This is an exciting new development and I look forward to seeing you there.

To sign up please email admin@olovrc.com



Irish Dancing Club

Irish Dancing Club is held on a Tuesday after school 3.40pm –4.40pm for Years 2 - 6
Irish Dancing is a great fitness exercise for your child, excellent for posture, confidence and exploring a new culture.

If you have any interest please email osullivanschool@hotmail.com and I will be delighted to send you a booking form. Class fees will be £65.00 per child, for the Autumn term.