

Ealing Speech and Language Therapy

Parent Workshops

Are you a parent of a primary school-aged child looking for practical advice?



We are running a workshop on:

Understanding behaviours and managing emotions: How can I help my child?

Thursday 4th February

1.30-2.30pm

Via Zoom



On this workshop you will learn:

- ✓ What is my child's challenging behaviour telling me?
- ✓ Why understanding our own and others' emotions can be tricky
- ✓ Practical ways to help children understand and express how they feel
- ✓ Strategies to help manage emotions

PARENTS: to book a **FREE** place please email

wlm-tr.sltuniversalservices@nhs.net

OR call 020 8825 8818

(please leave a message with your name and telephone number if there is no answer)

Our training is free and accessible **via zoom** and can be accessed from the comfort of your own home!