



Headteacher: Miss K. Coll

Deputy Headteacher: Miss J. Paul

Date: Friday 9<sup>th</sup> October 2020

[www.visitation.ealing.sch.uk](http://www.visitation.ealing.sch.uk)

Tel: 020 8575 5344

**Prayer for Black History Month**

**Lord, Lord, Open Unto Me**

Open unto me, light for my darkness  
Open unto me, courage for my fear  
Open unto me, hope for my despair  
Open unto me, peace for my turmoil  
Open unto me, joy for my sorrow  
Open unto me, strength for my weakness  
Open unto me, wisdom for my confusion  
Open unto me, forgiveness for my sins  
Open unto me, tenderness for my toughness  
Open unto me, love for my hates  
Open unto me, Thy Self for myself  
Lord, Lord, open unto me!  
- Howard Thurman, from "Meditations of the Heart"

**Liturgical Celebrations**



Friday 16<sup>th</sup> October – Harvest Festival Mass / **Year 3**

Friday 6<sup>th</sup> November - Family of God Mass / **Year 4**

Friday 27<sup>th</sup> November - Our Lady of the Miraculous Medal Mass / **Year 5**

**ONLINE SAFETY:** As we all know the modern age of technology is both a positive and a negative. It gives us information at the touch of a button, enables us to communicate with friends and family across the world and has revolutionised our work life, especially when it comes to online learning and working at home. Since Covid, we as a school, like all other schools have been encouraging more online learning.

However, there is a downside to this, especially for our children. In their search for knowledge they will come across material that is not suitable for them to see. They have curious minds and will be tempted to look at it, even if they know they should not. However they are young and are not able to understand what they are hearing and seeing. It is very difficult for us to know what they are doing all the time.

It is important that as adults we spend time with them talking about what they are watching, who they are talking to and what they are saying. This can be done in a supportive way and does not have to be seen as checking up.

However, our children need to know that we will see what they are seeing and saying and sharing. This will help them to think about what they are doing. They also need to know this is to protect them from danger and harm.

Recommendations are that children do not have computers, phones or TVs in their bedrooms and these are kept in communal areas where everyone knows what is going on.

Support your child with what to do if this happens to them or someone they know.

- Take action – know how to report cyberbullying if you or someone you know is experiencing it.
- Be an upstander not a bystander – don't let cyberbullying slide. It's OK to call it out.
- Speak with your friends regularly and check in to see how they are going.

If you need any support with online learning or safety please contact the school. We can help you.

**HOLY COMMUNION:** Congratulations to all the children in year 4 and the Parish Sunday School who made their First Holy Communion at the weekend. It was a truly prayerful service and we did not let Covid stop us having a good day. We were thankful that, after a very rainy night, the day cleared and was quite pleasant. We were all very proud of the children, we were particularly impressed by their faith. We all have a lot to learn about God's love by listening to our children.

Thank you to Henry and his team for preparing the children so well for this very special occasion.

A huge thank you goes to those children in the choir (and their parents/carers) who gave up their time to join in with the singing at the Mass.

Thank you also to the staff who were able to help out on the day and attend the Masses.

We celebrated this great occasion with class parties after school on Wednesday. The children had a really lovely time.

**LAUDATO SI:** For the last few weeks we have been talking about caring for The World, our common home. The children have been thinking about what they can do to save the planet, e.g. turning off lights, computers and TVs, recycling cardboard and plastics, making eco bricks and using re-usable water bottles. Please encourage children to do this at home as well.

**HARVEST:** We will be supporting Ealing Food Bank again this year. More and more families rely on the Food Bank to supplement their weekly groceries and this has further increased with job losses due to Covid. If you can, please donate non-perishable items. **We will be collecting food and toiletries until Friday 23<sup>rd</sup> October.** This forms part of our commitment to support local, national and international charities.



**LEADERSHIP:** We are also looking at developing leadership skills amongst the children and will be extending our range of leadership roles within the school over the next four to five months. Children will be able to apply for roles such as eco leader, healthy lifestyle leader and prayer leader.

**SPORTS NEWS:** Congratulations to our fantastic runners who competed in the Virtual London Mini Youth Games this week. Over 2 running sessions they ran a total of 2.6 miles in the playground. They had impressed us in the Daily Mile so this was a special opportunity for a personal challenge. Maja said, "I feel absolutely proud of myself but it feels like my legs are falling off now". Heniston said, "I feel excited because I've now done the Mini Marathon and feel that I have achieved something special". We are making a donation to the charity Sisters of Mercy.

Well done Team Visitation runners!

**OWN CLOTHES DAY:** Children are invited to wear their own clothes to school on the last day of this half term, Friday 23<sup>rd</sup> October. Please make sure they are wearing sensible footwear and that clothing is appropriate for this time of year.

Children are asked to donate £1 per family. Half the proceeds will go to the school and the other half to a local homeless shelter.

**TIMES TABLES CHALLENGE:** The children in year 4, 5 and 6 will be competing against local Catholic Schools to see which school can recall their times tables facts the quickest. The competitions will take place virtually on the 9<sup>th</sup> and 10<sup>th</sup> November. **Get practicing those times tables!**

#### DIARY DATES:

**PARENTAL CONSULTATIONS:** We will be organising telephone consultations for parents this term. These will take place the week beginning 9<sup>th</sup> and 16<sup>th</sup> November. Each teacher will be allocated time out of class to speak with you. A letter with appointment slots will be sent out next week. You will receive a pupil report for this term on Friday 6<sup>th</sup> November for you to discuss with the class teacher.

**PE:** Your child will be having PE on the following days:

**Monday – Year 3 and year 5**

**Tuesday – Year 4**

**Wednesday – Year 1 and year 2**

**Thursday – Year 6**

Please remember to send your child to school dressed in their PE Kit on the day they have PE.

Have a blessed weekend,

May God keep you safe in the palm of his hands!



*Miss K. Coll / Headteacher*



# COVID-19 (Coronavirus)

A quick guide for parents/carers

What to do if...	Action needed	Back to school...
 <p>...my child has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child should get a test</li> <li>• Whole household self-isolates while waiting for test results</li> <li>• Inform school immediately about test results</li> </ul>	<p>...if a child's test comes back negative and symptom free for 48 hours. The child should not be tested again unless they develop new symptoms*</p> <p>If the test result is positive, then see below.</p>
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Child should not attend school</li> <li>• Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>• Inform school immediately about test results</li> <li>• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> <li>• Other household members should not get tested unless they develop symptoms because even if they tested negative, they must still isolate for 14 days</li> </ul>	<p>...after 10 days has passed so long as the child is feeling better and has been without a fever for at least 48 hours.</p> <p>They can return to school after 10 days even if they still have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.</p>
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Household member with symptoms should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test results</li> </ul>	<p>...if the household member test is negative, and the child does not have COVID-19 symptoms*</p>
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> <li>• No need for the child to get tested unless they develop symptoms</li> </ul>	<p>...when child has completed 14 days of self-isolation, even if they tested negative during the 14 days</p>