

Year 4- Learning at Home Activity Sheet

Week beginning 22 nd June 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>PE 9.00am – 9.30am Joe Wicks live workout: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p>	<p>PE 9.00am – 9.30am Joe Wicks live workout: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p>	<p>PE 9.00am – 9.30am Joe Wicks live workout: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p>	<p>PE 9.00am – 9.30am Joe Wicks live workout: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p>	<p>PE 9.00am – 9.30am Joe Wicks live workout: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p>
<p>Maths Times table Rock stars</p> <p>Lesson 6 – Measures: Time - Marathon Training</p> <p>https://classroom.thenational.academy/lessons/measures-time-marathon-training/</p> <p>Choose your chilli challenge and complete the sheet ‘<i>Maths – Monday - Time - Marathon Training</i>’</p>	<p>Maths Times table Rock stars</p> <p>Lesson 7 - Measures: Money - The price of stamps</p> <p>https://classroom.thenational.academy/lessons/measures-money-the-price-of-stamps/</p> <p>Complete the sheet ‘<i>Maths – Tuesday - Money - The price of stamps</i>’</p>	<p>Maths Times table Rock stars</p> <p>Lesson 8 - Measures: Length - Ribbon Riddle</p> <p>https://classroom.thenational.academy/lessons/measures-length-ribbon-riddle/</p> <p>Choose your chilli challenge and complete the sheet ‘<i>Maths – Wednesday Length - Ribbon Riddle</i>’</p>	<p>Maths Times table Rock stars</p> <p>Lesson 9 – Measures: Money - Coin Purse Challenge</p> <p>https://classroom.thenational.academy/lessons/measures-money-coin-purse-challenge</p> <p>Choose your chilli challenge and complete the sheet ‘<i>Maths – Thursday Money - Coin Purse Challenge</i>’</p>	<p>Maths Times table Rock stars</p> <p>Lesson 10 - Measures: Mixed Measure Problems</p> <p>https://classroom.thenational.academy/lessons/measures-mixed-measure-problems</p> <p>Complete the sheet ‘<i>Maths – Friday – Mixed Measure problems</i>’</p>
<p>English Reading - 30 mins</p> <p>What is a determiner? Watch: https://youtu.be/v40NP-HyBrE</p>  <p>Task: Copy the sentences below in your best handwriting and help Determiner dog sniff out all the determiners in each sentence.</p>	<p>English Reading - 30 mins</p> <p>Handwriting-Letter join https://www.letterjoin.co.uk/log-in.html Username – vt6459 Password – home</p> <p>Fact file This week we are going to be starting our new writing genre – Fact files.</p>	<p>English Reading - 30 mins</p> <p>Possessive apostrophe practise: https://www.bbc.co.uk/bitesize/articles/zmt2mfr</p> <p>Complete activity 1 on website.</p> <p>Sub-headings The main purpose of sub-headings is that they are meant to stand-out. If the reader is looking for a specific piece of information, the subheadings</p>	<p>English Reading - 30 mins</p> <p>Handwriting-Letter join https://www.letterjoin.co.uk/log-in.html Username – vt6459 Password – home</p> <p>Research You will need to research information on Diwali.</p>	<p>English Reading - 30 mins</p> <p>Create a Diwali fact file</p> <p>Task: Using your research, create a Diwali fact file.</p> <p>Shared write introduction (copy the Introduction below</p>

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<p>1. Those earrings are beautiful! 2. "Whose bone is that?" he thought. 3. Our house was built in the 1900s. 4. Many people have pets. 5. The boy replied, "That book on the shelf." 6. There were a few biscuits left in the tin. 7. Determiner Dog sat in a garden waiting for the postman to arrive. 8. A cat slowly walked along the fence. 9. 'Get out of my garden!' thought Determiner Dog. 10. Another cat appeared on the fence. Determiner Dog barked at the two cats to scare them away. * underline the determiners. Top tip – Look for the nouns in the sentence, then see if a determiner is before it.</p>	<p>A fact file is a collection of the most important information on a particular subject or thing.</p> <p>By the end of this unit, you will be writing your own Fact-file about Diwali.</p> <p>Read '<i>English - Tuesday - Diwali fact-file</i>'.</p> <p>Task: Locate the features of a fact file using the success criteria.</p> <p>Features include: <i>Introduction</i> <i>Subheadings</i> <i>A range of sentence openers</i> <i>Factual language</i> <i>Present tense verbs</i> <i>3rd person</i></p>	<p>act as a guide to serve the reader through the page until they have found what they are looking for.</p> <p>Task: Write possible question sub-headings you could use for your fact file on Diwali. For example, What is Diwali?</p>	<p>Task: Using your sub-headings from yesterday, research the information you need for your fact file. Make notes using bullet points under each sub-heading you have created.</p> <p>Top tips Here are some of the things you may research: -What is Diwali? -Where did the tradition come from? -Who celebrates it? (Discuss the religion) -How is Diwali celebrated?</p>	<p>and finish off the sentences):</p> <p>Diwali is primarily a religious Hindu occasion. It is known as the festival of lights. The word 'Diwali' means...</p> <p>Depending on the position of the moon, the celebration happens between...</p> <p>and it is celebrated for...</p> <p>You can use '<i>English - Friday - Fact file template</i>' however, you can design your own in your books.</p> <p>Complete your fact file using your research. Remember to include everything from the success criteria: <i>Introduction</i> <i>Subheadings</i> <i>A range of sentence openers</i> <i>Factual language</i> <i>Present tense verbs</i> <i>3rd person</i></p>
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<p>RE An ordinary person showing us what God is like</p> <p>Read through Nitu’s story (<i>RE – Monday – Nitu’s story</i>).</p> <p>Task: Reflect and discuss the following questions with an adult: What impressed you most about Nitu? What does Nitu find upsetting? How does she show what God is like? What do you think keeps her cheerful?</p>	<p>RE An ordinary person showing us what God is like</p> <p>Paul was always writing letters to the friends he had made all over the world. In one letter to the Christians in Colossae he said:</p> <p><i>“You are created by God, to be like God. You are God’s people, his saints. He loves you. You are all different. You come from different places, speak in different ways, have different customs. But the important thing is that you are God’s children. So love one another, help one another, be at peace with one another. And let the love of Jesus fill your hearts and minds.” (based on Colossians 3:10–11)</i></p> <p>Task: Answer the following questions in your book: Paul says we are all different, how might people be different from each other? Why is it good to be different? What is the important message in Paul’s letter? How can you live your daily life really well?</p>	<p>RE An ordinary person showing us what God is like</p> <p>A mission statement describes the goals and unique qualities a group of people share. For example, At Our Lady, our mission statement is...</p> <p align="center"><i>We learn, love and grow through Christ.</i></p> <p>When we say our mission statement together, it reminds us that our goal is to do everything through Christ. The quality we keep in mind is to love.</p> <p>Step 1: Using the reading from yesterday (Colossians 3:10-11) design your own mission statement that you can live by. Think about how St Paul is asking us to live.</p> <p>Step 2: Once you have written your mission statement, give reasons for your choice and show how you would live it out in daily life.</p> <p>Sentence starters for step 2: My mission statement is about... It shows that the goal is... The quality I have chosen to keep in mind is... This is important to me because...</p>	<p>RE An ordinary person showing us what God is like</p> <p>Think about St Paul’s letter and Nitu from previous lessons. What type of qualities do these people have? What qualities does Paul want the people of Colossae to embrace?</p> <p>Task: Draw an image and describe the qualities we need to have, in order to be like God e.g. kindness, respectful and honesty.</p> <div data-bbox="1413 683 1883 938" style="text-align: center;">  <p>On each step write one of the qualities</p> </div>	<p>RE An ordinary person showing us what God is like</p> <p>This week you have learnt about how ordinary people like you and I can show others, what God is like through our qualities.</p> <p>Task: Create a poster for a child in Year 1. On your poster, show how they can live their lives to show what God is like and why it would be good to do so.</p>
<p>PSHE Acts of kindness – Positive thinking Step 1: Write down a sentence about how you are feeling right now during this time.</p>	<p>PSHE Acts of kindness - Crystal ball activity Imagine 3 months from now.</p>	<p>PSHE Acts of kindness - special people at home and in school. What makes you special? Individual? Unique? Interesting? Important?</p>	<p>PSHE Acts of kindness – Random acts of Kindness Watch video: https://www.youtube.com/watch?v=rweIE8yyY0U</p>	<p>PSHE Acts of kindness - Random acts of Kindness</p>

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Remind yourself that no matter how difficult things feel, you are not alone - someone in your street, neighbourhood, town or city is likely to be feeling similar emotions to you right now.

Step 2: On paper draw a heart or a star for yourself and write 3 kind words or messages to yourself.

Step 3: Draw a heart or a star for someone else who is feeling like you do and write 3 kind words for them too.

*You can do this for as many people you like

Task: Draw or write what could look different, what challenges you will have faced and what positive changes you want to make

Try to focus on things that seem possible to achieve like feeling more confident about starting a new hobby or making a new friend.

*If it's hard to think that far ahead, you could start by imagining next week or next month.

Watch the video and decide what makes you special:

<https://www.youtube.com/watch?v=LrPm7BasRBo>

Bubbles are small groups of special people that help us with social distancing.

Think about and discuss:

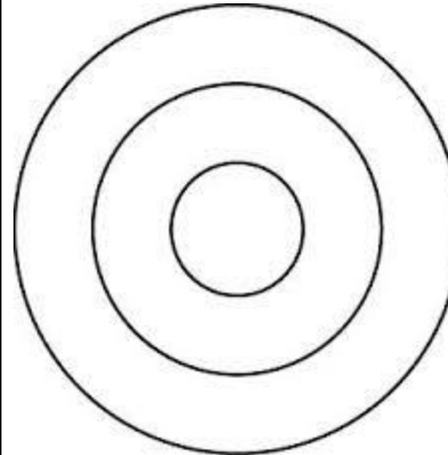
Who is in your life bubble at the moment?

Who was in your bubble?

Who do you want to be in your bubble? What do you want your relationships with family and friends to look like?

**Task:
NOW**

Draw a bubble like this:



Fill in the following: Inner circle - close family you live with

Second layer - close friends and family you interact with (possibly using technology)

Discuss: **What do you think 'random act of kindness means'?**

How does it feel if someone does something kind for us?

Why is it good to be kind?

How can we spread kindness to others?

Can you think of any examples of acts of kindness you have carried out during the covid19 pandemic? e.g. NHS clap?

Have you shown kindness to yourself? Doing random acts of kindness to others is hardwired (connected) to the reward mechanisms in our brains. When we give our time, energy and kindness to others it not only helps them, it's also great for our wellbeing too.

Task: Collate ideas for being kind to yourself and being kind to others during this time. You can use illustrations, bubble writing and online images to create a collage.

This week you have been thinking about acts of kindness.

Recap: What is a random act of kindness? How do they make people feel?

Being kind and showing kindness is important to help other people feel happy and cared for. This also has a positive impact on you.

Look at the Scenario cards (PSHE - Friday – Scenario cards)

Task: Read and discuss what you might do for each of the scenarios.

What acts of kindness could be done for each of the scenarios?

Mind map kindness ideas around each of the scenarios and discuss.

*note that some of the scenarios are based at school while others are at home. If you are working from home, you may want

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		<p>Third layer - your friends, neighbours. Who else could be in the third layer? People in uniform? Teachers?</p> <p>FUTURE Now draw another bubble. What do you want your bubble to look like in the future? What changes would you make? Are there people you want to have in your bubble that you can't have right now? Has any of those people moved into different layers of your bubble?</p>		to focus on the scenarios that are not at school.
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Watch Newsround daily

https://www.bbc.co.uk/newsround/news/watch_newsround

Espresso

<https://www.discoveryeducation.co.uk/>

Login: student23136

Password: ourlady321

My USO

Try out different activities on My USO

<https://my.uso.im/>

<https://www.letterjoin.co.uk/log-in.html>

Desktop Username – vt6459

Password – home