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Reflection

The body of an adult human contains 100,000 km of blood vessels and 13 billion nerve cells. An adult has 206 bones, half of which are found in the hands and the feet. The adult human has about 650 muscles. It takes 60 muscles to frown and only 13 to smile.

The effect of smiling;

"A smile costs nothing, but gives much. It enriches those who receive it, without making poorer those who give. It takes but a moment, but the memory of it sometimes lasts forever. None is so rich or mighty that he can get along without it, and none is too poor but that he can be made rich by it.

A smile creates happiness in the home, fosters good will in business, and is the countersign of friendship. It brings rest to the weary, cheer to the discouraged, sunshine to the sad, and it is nature's best antidote in times of trouble.

Yet, it cannot be bought, begged, borrowed, or stolen, for it is something that is of no value to anyone until it is given away. Some people are too tired to give you a smile. Give them one of yours, as none needs a smile as much as he who has no more to give."

Let us pray;

Lord we give you thanks for all who have brought life and happiness to us. Inspire us to give of ourselves joyfully and always look for the positive.

Amen

I must admit I can be a bit of a glass half empty person. Yesterday I received the most beautiful gift in the form of a note of thanks. I was at risk of letting this be overshadowed by a comment that unfortunately was not so positive. So I ask our Lord to help me to focus on the positive and not the negative and I thank the family for the lovely message that they gave to me. It made my day.

Give someone a smile and say something nice. It really does make a difference!

RE-OPENING: A huge thank you and well done to all the children who came back to school this week after being away for almost three months. You have been so brave, especially the little ones. You are working hard to follow the new rules and we can see that you have been working hard at home with your learning.

I want to say a massive thank you to all the parents who have been working so hard with your children. Thank you also for following the social distancing procedures put in place by the school for your safety and that of others. Please try to stick to the timings for dropping off and collecting. Please don't think we are being rude if we close the gate in between pick up times, it just means that we can keep the system going smoothly.



'I got this for not joining in or sharing'

I PROMISE IT IS NOT THAT BAD!

THE CORONAVIRUS AND BEYOND: I wanted to thank everyone for their support of our re-opening to more children and for all we have been doing during lockdown. It is so re-assuring to know that almost all parents are happy with what we have been able to provide in very difficult circumstances. **My greatest joy** this week has been seeing more children come to school. One of the teachers commented that it had been one of the best days of their teaching career when the class came back to school this week.

My greatest sadness this week was knowing that there are many children who are desperate to come back to school but cannot. We have done everything we can to follow government guidance to ensure the safety and well-being of our children and staff and it is with much regret that we cannot open to everyone. In order to follow guidance we would need to be able to double the size of the school and the number of staff and this is just not possible.

We are working hard to see if we can invite more children back to school but this will not be many. Our bubbles are almost full though we do have capacity to add a few more children in some bubbles if needed.

KEY WORKERS AND THOSE CHILDREN NOT IN RECEPTION, YEAR 1 AND YEAR 6:

There does seem to be some confusion amongst parents about who can and cannot come back to school. It is not always easy to clearly explain what is happening in school in writing and sometimes messages can be misunderstood. I was told yesterday that a parent had read on a class WhatsApp page that the school has been accused of giving preferential treatment to some families in coming back to school. A parent has also said they were refused a place. **We have given places to everyone who has asked.** This includes children of key workers, children who have found it difficult to access the learning at home and children whose mental health and well-being have suffered during lockdown. If you feel your child needs to be in school please contact the school office and we will try our very best to accommodate you. We do only have a limited number of spaces but so far we have not turned anyone away who has requested a place. It is better to talk to us about your concerns before putting negative comments about the school on social media.

SCHOOL CLOSED ON FRIDAY: A reminder that school is closed every Friday to enable staff to continue to support those children at home with their learning. We will continue to open for the families who have been attending school during lockdown.

THANK YOU to the person who nominated us to receive a “MINDFOOD” special delivery of free vegetable plants last week.

MindFood is a community based project who support people suffering from stress and anxiety in very practical ways including gardening. Mrs Williams has taken up the challenge of planting and looking after the vegetable plants with her group of key worker children.



If you have been able to get outside and grow vegetables or flowers during lockdown and would like to share some pictures please send your photos to admin@olovrc.com and we will put them in the newsletter.

PHOTOGRAPHS: The school photos that were taken just before lockdown have been delivered and will be available for you to collect next week between 10am and 11am on the following days.

- Monday – year 2
- Tuesday – year 3
- Wednesday – year 4
- Thursday – year 5
- Friday – Reception, year 1 and year 6 who have not returned to school

To ensure we are able to follow social distancing guidelines you are asked to follow our one way system. Please make sure that only one adult comes to the school and if possible without children. If you are coming to collect photos maybe you could arrange with friends from your class to collect theirs as well. You are asked to come to the school gate which will be opened at 10am. **DO NOT** go to the school office.

If you are unable to collect your photos we will keep them for you until September.

KEEPING IN TOUCH: If you have any queries or would like to speak to a member of staff you can, once again, phone the school between 8am and 3.30pm. Emails continue to be monitored. If you have a concern that we cannot help you with directly we will be able to put you in touch with someone who can.

May God keep you safe from harm today and always!

Miss K. Coll / Headteacher