



Friday 3rd April 2020

Loving Father,

We pray for our school community and for all those we know who need healing in their lives. As we strive to be 'Christ to All' may we trust that your loving plan will strengthen and encourage us in our lives.

Amen

Dear Parents/Carers and Children,

Thank you for your kind messages of support. It was lovely to hear from you and to hear you are doing well.

We have now completed and survived two weeks of self isolation. Well done everyone! I'm sure at this time social media, such as facetime and skype have helped us all to stay in touch with loved ones and friends.

These are unprecedented times but crisis have been faced and overcome in many periods throughout our history. I was sent this beautiful poem, written just after the Irish Famine of 1845-1849 which tells of a time of quiet reflection, much like we are experiencing today.

A POEM BY KATHLEEN O'MEARA

'AND PEOPLE STAYED AT HOME '

And people stayed home, and read books and listened
And rested and exercised, and made art and played
And learned new ways of being.
And stopped, and listened deeper.
Someone meditated, someone prayed
Someone danced, someone met their shadow
And people began to think differently
And people healed.
And in the absence of people who lived in ignorant ways,
Dangerous, meaningless and heartless,
Even the earth began to heal.
And when the danger ended
And people found each other
Grieved for the dead people.
And they made new choices
And dreamed of new visions
And created new ways of life
And healed the earth completely
Just as they were healed themselves

Let us take this time to reflect on what is good in our lives and to value that which is most important.

Working at home

1. We continue to work behind the scenes at school and staff are busy at home creating resources and planning the next round of learning activities for after Easter.
2. We have added a fun project for all the children over the Easter Holidays if they wish to take part. This will be in the School Closure Home Learning page and is a time capsule activity.
3. We have been asked by Westminster Diocese to pray The Rosary at 10.30am every Friday. We have uploaded information and a Power Point Presentation in the Parent Information / Learning Zone / Religious Education.
4. Over the coming weeks we will also be sending you a link to an online music programme that we use in school that is very user friendly and requires no musical background knowledge.
5. Please also regularly check the class pages for any updates.

In school we have also been doing **Joe Wicks workout** everyday and we are getting much fitter already. Today we joined in with Fancy Dress Friday.



Take a photo of you and your family joining in with Joe Wicks workout and send it to admin@olovrc.com and we will put it on the website.

If you need other help you can request support through community hub for residents <https://ealingtogether.org/help-for-residents/>. This link will bring you to a questionnaire that you can complete and support will be provided.

Although the school office is closed we are checking the email, admin@olovrc.com and the answer phone messages every day.

We wish you all a very blessed Easter. Our Lady of the Visitation Church are streaming live masses and services. Please try to log into one of the masses via facebook.

We hope you are all keeping safe and well.

Best wishes,

K. Coll

Ms K. Coll