## **Lenten Journey**

On Wednesday 10<sup>th</sup> February we began our Lenten Journey with an Ash Wednesday service celebrated by Fr Eugene and Fr Tom. As Christians we are called to prepare for the death and resurrection of Our Lord. This year, instead of giving something up why not take something on. **Visit an elderly neighbour, take someone to mass who would not be able to get there without support, help in the church, cleaning or arranging flowers, support a local or national charity**.

As a school, we are taking part in The Catholic Children's Society annual appeal. The Lenten Appeal, "Follow In His Footsteps" asks children to follow Jesus' example by exploring how he showed mercy, love and kindness to others.

Please encourage your children to do something to earn a few pennies to put in their collection box. This could be helping with the dishes, putting out the rubbish or making their bed. If they have chosen to give up sweets encourage them to put the extra pennies into the collection box. Not only will this give them positive life skills it will also help them to understand the true meaning of charity through self sacrifice.







